Requirements and Procedure for Taking COVID-19 Antigen Self-Tests (CLINITEST)

Catalog of requirements for setting up the room(s) incl. the minimum equipment needed to carry out the CLINITEST Rapid COVID-19 Antigen Test

Depending on the number of individuals working at a university institution on campus at the time, one or more rooms shall be designated where antigen self-tests can be carried out under the following conditions. As a guideline for the test’s duration, including its evaluation, 20 min per person should be allotted.

Only rooms that are well ventilated or can be well ventilated should be used to conduct the self-tests. If possible, only one person should be tested per room.

Further general remarks

- The test room should, at minimum, be equipped with the following:
  - A table, chair, waste container, wash solution or surface disinfectant as well as disposable wipes, a clock or timer or stopwatch, and possibly additional small waste bags for positive tests
- A quick reference guide/instructions for use must be provided for each room (this is enclosed with each packaging unit of 20)
- An opened vial of CLINITEST Extraction Buffer remains stable for up to 2 years if stored properly (2-30°C, closed cap).

How to administer the test:

- A self-explanatory, quick reference guide, and instructions for using the test, are included in the packaging. Please read these carefully or watch the video (only available in German) before taking the test.
- Wash or disinfect your hands thoroughly before beginning the test.
- Take the test on your own, i.e., without help from others, as much as possible from start to finish.
- If you have to sneeze during the test, the room must, afterward, be well ventilated for a short time and the table surface cleaned.
- Dispose of the resulting waste with the regular trash. This also applies to positive tests. Additional waste bags may be used for extra packaging, if available.

Procedure in the event of a positive test result

In the case of a positive test result, a PCR test should be carried out immediately afterward, either at Städteregion Aachen’s community testing center at the Tivoli (appointments under https://www.qtermin.de/Kommunales_Abstrichzentrum_StaedteRegionAachen or at your family doctor’s office. However, you should only do so after having notified the respective medical care providers of the positive self-test result. Until the results of this PCR test are available, you should, as a precautionary measure, avoid other people and self-isolate at home while diligently following the AHA+L Rules (distancing-hygiene-mask+ventilating).

In addition, it is essential to note that even if the test result is negative, the AHA+L rules must still be observed.